

HiGS[®] CONSUMER AUTHENTICATED HEALTH BIOGRAPHY



CONSUMER CENTERED TECHNOLOGY: WHAT DOES THE CONSUMER WANT?

Consumers want to be listened to! They want to feel better. They want to be treated seriously and matter. They want to know what's what. They want their medical staff to know how they experience illness and what they do to try to stay healthy. They don't want to feel stupid or marginalized. They don't want to be rushed. They want their needs met. Our system - HiGS - helps you to convey all this. This is the thrust of the Inner Reach HiGS—Knowledge!

The healthcare industry is stuck in a rut. Regurgitation of the same theme keeps occurring. There is the repeated debate over patient-centered care as a concept: a concept is so easy to understand but hard to define. The debate still revolves around “what it means” and “how care should be implemented”. The main push is to define ways to improve the quality of care via electronic health record (EHR) adoption, and ways to innovate approaches to engage patients and providers. Obamacare and its remnants is added to the mix, complicating delivery.

Involving the consumer in gathering their own real-time health data (not just scanning old stuff) is an innovative part of patient-centered care. This is a feature of HiGS. Currently, physicians and staff control all of a patient's information. Inner Reach believes it is time for consumers to control their information. HiGS gives consumers the control and the technology to do it right. When the consumer shares their health story with family members, physicians, pharmacists and other healthcare professionals, everyone benefits.

Inner Reach has the only comprehensive “Consumer-Authenticated Health Biography” in the world today. HiGS users make it and control it so they know it's correct and unaltered. The Inner Reach HiGS has been described by industry experts as an “elephant, massive and smart”. HiGS has the capability to collect enormous amounts of data for personal good health management. Make and tell your health story with HiGS!

MAKE THE INFORMATION (YOU HAVE TOLD VERBALLY TO DOCTORS AT EVERY POINT OF CARE) INTO YOUR PERMANENT RECORD THAT YOU CONTROL



60 e-HEALTH HISTORIES

Starting with Lifestyles and Habits you can gather facts that pertain to you, which are specific and relevant to your risks and then collect facts about other concerns.

180+ HEALTH RISK ASSESSMENTS (HRAs)

You can self-test in all areas that impact your health—physical, psychological, sociological, nutritional, environmental, and occupational. Self-knowledge is power. The more you collect about yourself in the HiGS; the more you and your healthcare team can know.

SIGNS & SYMPTOMS TRACKER

In 9 Body Systems, the HiGS Signs & Symptoms Tracker monitors your concerns and progress for every 24 hours your signs and symptoms are collected. You can track these when you are ill or when you are taking medications to keep track of any side effects you might be experiencing. You can use this Tracker before you start a new medication to get a baseline—what is normal or usual for you—to compare data later to plot changes.

TRACKERS

The HiGS Daily Trackers enable you to record and track your health concerns to effect change. You can collect information about your routines.

HiGS Trackers for: pain, cigarette smoking cessation, alcohol drinking monitoring, menopause, food journal, and .exercise.

FITBIT and iHEALTH[®] FEATURES

pull your authorized Fitbit or iHealth devices' information into your HiGS Health Biography.

All of these areas yield your Health Biography. Everyone has a story. Tell your story with HiGS.

120+ Health Education Videos...and more.

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