

COMPANY

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NARRATIVE

Everyone has a health story. Everyone can tell their story with HiGS and know it is true.

Consumers almost NEVER have their own Health Story that they have told verbally to others throughout their lifetime at every point of care.

A Ground Breaking Differentiator, HiGS is an Online Electronic Health Biography that the consumer collects, accesses, & controls.

HiGS collects baselines and enables the monitoring of health status for real-time data, providing lots of data to healthcare entities when shared.

HiGS is used for self-care and as preparation for healthcare and for health education and all types of prevention.

HiGS is comprehensive and aids continuity of care through self-understanding and data availability.

HiGS acts as a legacy for health/illness information to be passed down in the family to generations that follow and for family caretakers.

A patented system, HiGS is described by financial experts as an “elephant... massive and smart”.

Inner Reach is a Stewardship for Humanity®, carefully caring for and managing Humanity’s authenticated real-time Health Biographies.

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Inner Reach provides its online Health Information Gathering System (HiGS) for consumers with self-tests for e-Histories, Health Risk Assessments (HRAs), the Body Systems’ Signs & Symptoms Tracker, and Fitness and Health Behaviors Monitoring Calendars and other features. HiGS gathers baselines to learn what is normal or usual and to self-monitor for ongoing issues, changes, and progress. All HiGS components result in a Consumer-Authenticated Health Biography. HiGS is a Health Biography Manager.

Our Health Information Gathering System (HiGS) contains:

- 60 e-Health Histories, 180+ Self-Test HRAs, Fitness and Health Behaviors Calendars
- Signs & Symptoms Tracker for every 24 hour period symptoms are collected
- Monitoring Calendars for issues of concern; Third Party Integration Device Features
- 120+ Health Education Tutorial Videos for preventative care; 40 Health Education Cards

HiGS Health Biography Manager for Preventive Care

HiGS is a Consumer-Authenticated Information System (CAIS)™ to facilitate prevention.

Our competencies include:

- Health Psychology – a biological, psychological, sociological, medical model with nutritional, environmental, and occupational components – a total person approach
- The Inner Reach HiGS has evolved since 1998 to be a Preventive Care Technology blending “technology, biology and biography” for self-knowledge to effect change
- Health Education and Prevention: to preserve health and to prevent and delay disease
- Self-Tests and Monitoring System: Consumer-Authenticated and Controlled Online Health Risk Assessments - HRAs - and e-Histories; Signs & Symptoms, Fitness, and Health Behaviors tracking and more yield the comprehensive **HiGS Health Biography**

Our goal is to maximize the individual by creating an environment for proactive health self-care baselines and monitoring; for comprehensive preparation for self-care and healthcare; to improve screening and interventions with insurers/healthcare staff at each point of care either via TeleHealth or in-person for assessing, screening, and monitoring for all illness issues. The goal is to optimize health, aid personalized patient care, increase comfort and decrease illness and cost. HiGS is based on standard Medical, Nursing, and DSM-V psychiatric criteria and standard Medical/Alternative methods used around the world.

Our Health Information Gathering System (HiGS) categories contain:

- Lifestyle/Habits; Hypertension, Heart Checks; Eating Habits; Injuries; Cancers
- Locomotion and Limitations; Osteoarthritis, Osteoporosis, Arthritis; Obesity, Diet
- Chronic Diseases; Stroke, Venous Thromboembolic Disease (VTE); Inflammation; Types I and II Diabetes, Metabolic Syndrome; Culture; Common Dysfunctional Disorders
- Professional/Recreational Sports; Signs & Symptoms; Elderly Issues, Dementias
- Dental, Vision, Hearing, and the Senses Checks – Smell, Taste, Touch; X-ray, Imaging
- Polytrauma, Head and Brain Injuries, Post-Concussion; Dehydration/Hydration
- Warriors and Veterans Issues: Emotional Miseries of War; Environmental Exposures of War; and Major Physical Injuries of War; Military Occupations
- Nutrition; Fitness; Health Behaviors; Environmental and Occupational Health Issues
- Prevention Building Self-Tests: Dozen Dangerous Diseases due to Overweight/Obesity
- Infectious/Bacterial Diseases; STDs; Male/Female Reproductive/Sexual Issues
- Device Features i.e., FitBit™, iHealth®, Withings for integrating these authorized device data into HiGS; Tobacco Use; Asthma; Substance Use and Abuse; Alcohol Drinking
- Psychological Health Issues consisting of Anxiety Disorders including PTSD; Night Terrors, “Getting Triggered”; Shift Work; Sleep Disturbances, Eating Disorders; Reciprocity Issues; Productivity and Workplace Issues; Coping; Depression...more.