

**Preventive Care Levels: HiGS Online Preventive Care Tool vs Medical Mechanisms**

PRIMARY PREVENTION	SECONDARY PREVENTION	TERTIARY PREVENTION	QUATERNARY PREVENTION (iatrogenicity)	
HiGS	HiGS	HiGS n/a except for monitoring status; fitness status/baselines	HiGS	HiGS
Government Public Health Regulating Agencies; Health Promotion	Physicians Hospitals/Clinics Insurance Companies	Physicians; Rehab PT; OT; Speech; Home Health Nurses Supportive Services	Patient Protection Organizations to aid in preventing iatrogenicity	Medical Mechanisms
Rarely facilitated by healthcare Facilitated by patient self-knowledge and pro-active stance	Most common type of prevention facilitated by healthcare Reactive Stance	Mostly facilitated by healthcare	Patient Complications caused by healthcare errors	

**Cost and Savings**

<p><b>Harder to measure</b> the cost savings when disease and sickness do not occur. Insurers will see the actual savings whenever primary prevention is in effect.</p> <p><b>HiGS main thrust is Primary Prevention while including all Preventive Health levels.</b></p> <p><b>Primary Prevention keeps disease, illness, and physical &amp; mental limitations from happening.</b></p>	<p><b>HiGS</b> saves time; saves expanded interview costs and data omission costs; by improved Health Biography and accuracy authenticated by patient; inexpensive screening tool used by healthcare consumer. Cost of HiGS is nominal for many types of prevention through self-knowledge and Health Biography.</p> <p><b>Insurers</b> pay greatly for secondary prevention approaches i.e., diagnostics – blood testing, imaging, surgical procedures, etc...</p>	<p>Saves cost of disease progression. Proper rehabilitation via support services i.e., PT, OT, Speech, with monitoring yields future primary prevention and fewer sick days during or following hospitalizations.</p>	<p><b>HiGS</b> facilitates Health Biography accuracy <u>authenticated</u> by patient.</p> <p><b>HiGS</b> enables all healthcare staff and family members to be “on the same page”.</p> <p><b>Insurers</b> pay for errors and omissions of physicians and healthcare staff in patient complications and in unintentional death.</p>	
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innerReach Corporation

**The Inner Reach HiGS<sup>®</sup> (Health Information Gathering System)**

HiGS is an Online Consumer-Authenticated Information System (CAIS)<sup>™</sup> for Preventive Care and for real-time data. HiGS gathers up to 60 e-Histories, 180+ Health Risk Assessments (HRAs), and Monitoring Calendars; as well as Signs & Symptoms, and Fitness and Health Behaviors. HiGS has 120+ Tutorial Videos and other Health Education modules. HiGS contains FitBit<sup>™</sup>, iHealth<sup>®</sup>, and Withings Features to integrate authorized FitBit, iHealth, and Withings device information into the HiGS. HiGS facilitates authenticated patient data for self-knowledge, self-care, and healthcare.

The Inner Reach HiGS results in a comprehensive Consumer-Authenticated Health Biography. HiGS is a Preventive Care differentiator for insurers and those companies and entities that provide wellness and preventive programs and IT healthcare solutions. HiGS adds real-time consumer-authorized patient data into informatics systems.